**PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE**

**Notice of Patient Information Practices**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED OR DISCLOSED AND HOW YOU CAN OBTAIN ACCESS TO INFORMATION. PLEASE REVIEW IT CAREFULLY.

# **PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** LEGAL DUTY

**PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** is required by law to protect the privacy of your personal health information, provide this notice about our information practices, and follow the information practices that are described herein.

# USES AND DISCLOSURES OF HEALTH INFORMATION

**PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** uses your personal health information primarily for treatment, obtaining payment for treatment, conducting internal administrative activities, and evaluating the quality of care that we provide. For example, **PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** may use your personal health information to contact you to provide appointment reminders, or information about treatment alternatives or other health related benefits that could be of interest to you.

**PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** may also use or disclose your personal health information without prior authorization for public health purposes, for auditing purposes, for research studies and for emergencies. We also provide information when required by law.

In any other situation, **PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINEs** policy is to obtain your written authorization before disclosing your personal health information. If you provide us with a written authorization to release your information for any reason, you may later revoke that authorization to stop future disclosures at any time.

**PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** may change its policy at any time. When changes are made, a new Notice of Information Practices will be posted in a common area of our office. You may also request an updated copy of our Notice of Information Practices at any time.

# PATIENT’S INDIVIDUAL RIGHTS

You have the right to review or obtain a copy of your personal health information at any time. You have the right to request that we correct any inaccurate or incomplete information in your records. You also have the right to request a list of instances where we have disclosed your personal health information for reasons other than treatment, payment, or other related administrative purposes.

You may also request in writing that we not use or disclose your personal health information for treatment, payment, and administrative purposes except when specifically authorized by you, when required by law, or in emergency circumstances. **PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** will consider all such requests on a case-by-case basis, but the Company is not legally required to accept them.

# CONCERNS AND COMPLAINTS

If you are concerned that **PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE** may have violated your privacy rights or if you disagree with any decisions we have made regarding access or disclosure of your personal health information, please contact our HIPAA Compliance Office at the address listed below. You may also send a written complaint to the US Department of Health and Human Services. For further information on **PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINEs’** health information practices, or if you have a complaint, please contact the following office:

**HIPAA Compliance Office**

**PUGET SOUND HAND THERAPY & STRUCTURAL MEDICINE**

**1818 SOUTH UNION AVE; SUITE 1-B**

**TACOMA, WA 98405-1953**

**253-678-9218**

## EVERY PATIENT MUST RECEIVE A COPY OF THIS FORM